



Iyyar—Sivan 5780

May 2020

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*Chag Shavuot  
Sameach*



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### **Rabbi's Message**

This month, I share with you a beautiful teaching by my colleague, Rabbi Jordie Gerson.

Recently, we celebrated Rosh Chodesh Iyar. Rabbi Jordie Gerson, teaches: "Iyar is actually an acrostic which spells out the initials of the verse – Ani Yud Yud (Adonai) Rofecha – which means, I am God Your Healer, and therefore, throughout history, it has been a time associated with healing, purification, and detoxification. According to Kabbalah Month by Month by Melinda Ribner, 'In Iyar, we are

supposed to let go of what doesn't support our well-being and what is toxic, what is false – it is a time for opening up to what does support our well-being.'

This is connected to the previous month of Nisan. Because Nisan, the month we are leaving... holds Passover – the holiday that marks the beginning of a new journey – from internal or external constraints – limitations – to greater

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freedom. Next month, Sivan – holds the holiday of Shavuot – when we receive the Torah, and total freedom. Which is all to say that our tradition imagines this period – the next month – as a transitional, liminal period in which we turn our attention to caring for ourselves so that we will be ready for freedom when it arrives. For our ancestors, this was freedom from slavery and Egypt. For us, it may be freedom from quarantine and isolation.

But how do we heal? Well, the first thing to know is that the Kabbalists imagined the journey to healing as one we don't undertake alone. God is our partner in healing, as in so many other things – because, in the words of the Talmud – those in prison cannot free themselves. So, as we heal, the Holy is there, by our side, strengthening our resolve and our journey towards wholeness. And also, the tradition believes that the healing we do in Iyar is a kind of inner spring cleaning, a letting go of all of those things that no longer serve us: vanity, materialism, status symbols, ego, overwork, and lack of attention to our bodies and health. Iyar is an opportunity to refocus on those things; to let go of what keeps us from health – physically, mentally, spiritually – and get back to the essentials of what we need to thrive, heal, and be whole and grounded. This may mean recommitting to an exercise routine, setting aside our comfort food, turning off the news, or meditation or yoga practice. It may mean choosing acts of resistance instead of anger, calling the people you love when you're feeling isolated, and creating a daily gratitude practice. Whatever it is, it's an opportunity to begin again, with what truly matters, as we move closer to freedom. So in this month of Iyar, this month of transition, my blessing for each of

you is the gift of healing and hope, that these next few weeks of increased stillness provide you with the opportunity to focus on what really matters – your hearts, souls and bodies.“

May Rabbi Gerson's words inspire you and make for a meaningful new month.

*~Rabbi Carmit Harari*



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**Our Scholar-in-Residence, Dr. Jason Kalman, Professor at Hebrew Union College in Cincinnati, will be with us sometime in the future! Please watch for details.**

## Presidents' Message

"We can endure much more than we think we can; all human experience testifies to that."—Rabbi Harold S. Kushner

"There are no problems, only opportunities for growth."—Rebbetzin Dena Weinberg

"When we are no longer able to change a situation, we are challenged to change ourselves."—Viktor Frankl

And so, in what should be a merry month of May full of celebrations and holidays, we continue to battle Covid-19, a pandemic that was not even in our consciousness several months ago. Here at Shir Tikvah, we have made changes to our religious observances, but we have not neglected you, our congregation. Following Governor Pritzker's orders, we are keeping the building closed for the month. When it is safe to open the building, we will have it deep-cleaned and will follow safe-distancing practices.

Meanwhile, we continue to have services and weekly Onegs on Zoom. You should be receiving emails telling you how and when to check in to Zoom. Our virtual onegs are usually on Tuesdays at 7:00PM, and Friday night Candle Lighting and Kaddish is at 5:30PM. Saturday mornings, we are alternating Reform services one week at 10:15AM and Conservative services the following week at 9:45AM. We also have had several virtual minyanim. In addition, we have been sending out links to other services and adult education sites. Amy Bloomberg, the Federation representative in the South Suburbs, has been working with the members of CJC to reach everyone and to let

us know what helpful services are available to us. The committees and your Board are still functioning and meeting through conference calls and Zoom. Although Diedre has been working from home, she answers all voice mail and emails. Bob has been working to maintain the upkeep of our building. Rabbi has been making phone calls to the congregants to remain in touch with them. As you can see, we are definitely down, but we are not out.

At this point, we are planning to have a virtual annual meeting, but at some point, we will be opening the building for services and meetings. In addition to protecting everyone from the Covid-19 virus, we have another need for protection. As Business Insider reported on April 20, 2020, "The coronavirus pandemic is fueling anti-Semitism around the world, and the US is no exception." The Kantor Center at Tel Aviv University released a report in which Professor Dina Porat stated that the new rhetoric is not really new; it is just a restatement of old anti-Semitic conspiracy theories that blame Jews for economic problems and global disasters. We are seeing these hateful statements in social media, at rallies, and with "zoombombing." To protect you, the Board has approved a security policy which includes paid security at all events and services. Again, we are here for you, Shir Tikvah.

Stay safe and be well,

*~Sherry and Sherman*



I hope that our members and family are well and out of harm's way. The coronavirus pandemic has made things difficult. We have found it necessary to cancel all events we had planned until fall. The reality is the new normal will probably be with us for several weeks. Staying home and being safe is what we need to do. It may be several weeks before we will be able to be together in person.

In the meantime, the Women of Shir Tikvah will begin planning events during the summer for the next fiscal year. We hope to meet virtually and plan exciting events for the next year.

One thing we did manage to do was to decide on Sisterhood officers for next year. The Women of Shir Tikvah have decided to continue our jobs for the upcoming year.

**Our slate is:**

President- Gayle Weil

Secretary- Barb Schwarz

Treasurer- Donelle Macey

Membership- Diane Schwab

Tributes- Carol Zucker

**Board Members:**

Susan Bayer, Deedee DuBrow, Carole Fefferman, Harlene Friedman, Ruth Friedman, Ginny Gilbert, Bea Kamen, Judy Lieb, Bonnie Mosbacher, Penny Shnay

Stay safe and keep in touch.

Gayle

**Zoom Invites go out for Tuesdays, Fridays, and Saturday services via the MailChimp emails.**

**Download the Zoom App on your device so you can join in.**

**See you on Zoom!**

**Shabbat Scripture Readings for May 2020**  
**All services in our building are cancelled based on the**  
**coronavirus restrictions.**  
**Please check your emails for our virtual services on Zoom**

**Virtual Zoom Services**

**Fridays, May 8, 15, 22**

5:30pm

Candle Lighting, welcoming Shabbat, and  
Kaddish on Zoom

**Tuesdays, May 12, 19, 26**

7:00pm

Virtual Oneg & check in

**Saturday, May 9**

**Shabbat Morning Reform Service on Zoom**

10:15 am

Parashat Emor

Torah: Leviticus 21:1-22:16

Haftarah: Ezekiel 44:15-31

**Saturday, May 16**

**Shabbat Morning Conservative Service on Zoom**

9:45am

Parashat Behar-Bechukotai

Torah: Leviticus 25:1-38

Haftarah: Jeremiah 16:19-17:14

**Saturday, May 23**

**Shabbat Morning Reform Service on Zoom**

10:15am

Parashat Bamidbar

Torah: Numbers 1:1-1:54

Haftarah: 1 Samuel 20:18-42

**Thursday, May 28**

**Virtual Tikkun Study Session**

**with Temple Anshe Sholom, Temple Beth El,  
and Congregation Beth Israel**

**Time to be announced**

**Saturday, May 30**

**Combined Service including Yizkor**

9:45am

**Shavuot II**

Torah: Deuteronomy 28:26-31

Haftarah: Habakkuk 3:1-19

Emails are sent with Zoom invites. You may download the ZOOM app on your device, either smart phone, tablet or computer. ZOOM works best with a microphone and camera.

If you do not have a computer or a tablet, you can call in to the services on your phone. Please call the office and leave a message if you would like help to know how to do this.

**Candle Lighting Times**

**Friday, May 8**

7:39 pm

**Friday, May 15**

7:46 pm

**Friday, May 22**

7:52 pm

**Thursday, May 28**

7:57pm

**Friday, May 29**

7:58 pm

Candle lighting times are for Homewood, IL



# Yahrzeits

## WEEK OF

**5/1/2020**

Samuil Abramov  
Rose Aisuss  
Jack Brooderson  
Dora Brotman  
Jacob Cohen  
Milton Felton  
Frances Finkelman  
Arnold Finkelstein  
Yetta M. Gertler  
Anna Faber Goodman  
Jack Goodman  
David Greenberg  
Helen Greenberg  
Max Hesky  
Richard Kuhn  
Fay Langer  
Marilyn Kay Levinson Shirley  
Levinthal  
Ted Lewin  
Morton Malis  
Nancy Mickelson  
Alta Pahn  
Nathan Rappaport  
Henrietta Salloway  
Bernice Schraeger  
Anne Sharfman  
Sarah Sherman  
Morris Simon  
Paul Spangler  
Abe Steinberg  
Sam Steiner  
Louis Teitelman  
Rose Wolfson Webster  
Frances Wessel  
Ralph Wilkins

## WEEK OF

**5/8/2020**

Kadem Algamis  
Margaret (Scotty) Alpert  
Dorothea Altman  
Max Barsuk  
Esther D. Cerier  
Jake Cohen  
David Dietz  
Anne Ehrlich  
Sarah Einbund  
Peggy Eisenstein

Milton Freis  
Mary B. Gitlitz  
Morris Gitlitz  
Max Glick  
Seymour Greenspan  
Benjamin Hecht  
Rose Mednick  
Sam Perlberg  
Hilde Pollack  
Isaac Pressman  
Minna Rosenstein  
Marvin Rothman  
Anita Rubin  
Selma Sandack  
Sam Shapin  
Ruth Shuchter  
Jay Robert Silverman  
Marion Simon  
Walter Sporn  
Ida Sutker  
Jacob Tenny  
Frances Feldman Thorpe  
Dorothy Ulman  
Ruth Wishnoff

## WEEK OF

**5/15//2020**

Leah Aaron  
Bessie Abraham  
Dorothy Ascher  
Elinor Calabrese  
Julius David  
Max Dosick  
Blanche Elliot  
Phillip Engelberg  
Bernard Epstein  
Isador Epstein  
Carl Fidler  
Samuel Flaschen  
Anna Fried  
Emil Goldman  
Roberta Singer Goldman  
Rose Golland  
Richard E. Gutstadt  
Noreen Kirshenbaum  
Morris Klutznick  
Faye Finkelstein  
Laner Rose Lassner  
Julius Lion  
Diane March

Harry Marks  
Arthur Milsk  
Harold Pattis  
Henry Polk  
Jack Sevelow  
Harriet Shapiro  
George Shuftan  
Harold Sonduck  
Joanne Spark  
Levi Spector  
Samuel Strom  
Dr. Alfred Weinberg  
Sorah Yalowitz

## WEEK OF

**5/22/2020**

Isabelle Abrams  
Jack Abrams  
Eric Adler  
Aheron Alfille  
Harry Brotman  
Hyman G. Brown  
Rose G. Burrows  
Edward Cohn  
Marga Lea Cohn  
Max F. Eisner  
Mary Feldstein  
Abraham I. Freis  
Rebecca Gabovitch  
Gertrude Greenburg  
Al Holtz  
Herman Hyman  
Hans Jacoby  
Abraham Kamenetsky  
Yetta Kaplan  
Hilda Kaufmann  
Louis Kravitz  
Rosalie E. Lewin  
Regine Lion  
Dan Malis  
Mel Noven  
William Platt  
Gretel Schrimmer  
Ethel Sheffey  
Dora Shnay  
Arthur Silverman  
Edward Stangle  
Willard Vinik  
Samuel Zeiger

## WEEK OF

**5/29/2020**

Sheila Bernstein  
Pearl Bildner  
Ida Blonsky  
Mary Brown  
Bertha Chiz  
Esther Davidson  
Anna Engelberg  
Dieter Frankel  
Kurt Hollander  
Angelo Juarez  
Judith Kaminsky  
Rose Krucoff  
Florence Kusel  
Bruce Marshall  
Leoni Masliah  
Sarah Mayoff  
Norma Meisner  
Gaetana Mollin  
Leon Morse  
Lt. Col. Harry W. Paper  
Ida Pressman  
Arthur Rauch  
Priscilla Reben  
Irene Reznick  
Elka Rosenblum  
Irwin Rothschild  
Morris Rubin  
Eugene Runes  
Moshe Serlin  
Sol Shlosberg  
Lawrence Somerman  
Terry Spark  
Rader Solomon Spector  
Belle Stein  
Minnie Steinberg  
Beatrice Stone  
Oscar H. Zwick



**May Birthdays**

5/1 Barbara Schwarz  
 5/2 Tommie Gbur  
 5/3 Gayla Cahan  
 5/5 Alan Levitt  
 5/6 Tamara Fleischer  
 5/6 Arielle Macey-Pilcher  
 5/6 Aaron Macey-Pilcher  
 5/6 David Rader  
 5/7 Stuart Switt  
 5/12 Karlyn Hurowitz  
 5/15 Joshua Cahan  
 5/15 Michael Lieb  
 5/15 Sandi Reich  
 5/16 Larry Plofsky  
 5/16 Irene Cohn  
 5/17 Harriet Levine  
 5/17 Sarah Smason  
 5/19 Rachel Fleischer  
 5/19 Mel Muchnik  
 5/20 Roy Robinson  
 5/23 Isaac Latman  
 5/25 Ken Fleischer  
 5/29 Keith Reich  
 5/31 Jerry Levine  
 5/31 Philip Elias

**May Anniversaries**

5/1 Mel & Janet Muchnik  
 5/16 Laura & Jake Eisenwasser  
 5/16 Henry & Sharon Lorsch  
 5/18 Sid & Trudy Barch  
 5/20 Chuck Licht & Fran Moeckler Licht  
 5/20 Larry & Linda Simon  
 5/20 Irwin & Harlene Friedman  
 5/24 Risa & Lloyd Graff  
 5/25 Steve & Judi Altman  
 5/25 Harris & Alice Davis  
 5/26 Barry & Marilys Sturm  
 5/27 Harriet & Sherman Susman  
 5/29 David & Fawn Gottlieb

**June Birthdays**

6/1 Caryl Chudwin  
 6/2 Anthony DeFilippo  
 6/3 Shelley Ritter  
 6/5 Jeffrey Sporn  
 6/8 Rachel Malis  
 6/11 Margo Rannells  
 6/12 Andreatte Brachman  
 6/12 Jeremy Lieb  
 6/13 Nancy Burrows  
 6/14 Susan Johnson  
 6/14 Sharon Lorsch  
 6/15 Marilyn Goldberg  
 6/16 Ben Ritter  
 6/18 Alice Davis  
 6/19 Stephanie Greenberg  
 6/21 Sanford Rusnak  
 6/24 Mandy Sigale  
 6/25 Eric Rusnak  
 6/26 Alexander Reich

**June Anniversaries**

6/2 Dr. Bernard & Marcia Heilicser  
 6/8 Dr. Douglas & Eila Koltun  
 6/8 Keigh & Larry Malis  
 6/9 Mike & Sheri Larks  
 6/12 Debbie & Dan Greenberg  
 6/15 Rabbi Leo & Helen Wolkow  
 6/17 Lenny & Burt Zeiger  
 6/18 Shari Cohen & Robert Mayer  
 6/18 Carol & Tom Gilbert  
 6/18 Ellen & Richard Kaplan  
 6/19 Arnie & Cheryl Bernstein  
 6/21 Barry & Susan Bayer  
 6/23 Joel & Gail Kaufman  
 6/24 Marcie & Harold Reisler  
 6/24 Gary & Barbara Schwarz  
 6/25 Robin & Brian Latman  
 6/29 Janet & David Herbstman  
 6/29 Sherry & Scott Wolf  
 6/29 Sara & Barry Marks  
 6/30 David & Bonnie Rubin

# Tributes

## Rabbi's Discretionary Fund

### **In Memory of**

Nathan Rappaport from Ed & Evelyn Rappaport  
Isadore Goldberg from Mailyn & Marv Goldberg  
Irwin Mirsky from Marc Mirsky  
Betty Wiss from Ellen Kaplan  
Louise Stein from David Stein  
Dr. Robert Tigay from David Stein  
Herman, Raymond, Rosalind Greenberg from Elliott Greenberg

## Choir Fund

### **In Memory of**

Esther Corbin from Larry & Nancy Burrows  
Ruth Ratowitz from Miriam Ratowitz

## General Fund

### **In Memory of**

Samuil Abramov from Grigoriy Abramov  
Harold Kenis from Dorothy Kenis  
Miriam Riese Mintz from Walter and Gretchen Falk  
Margaret Hesky from Susan Johnson  
Helene Levi from Edith Buntman  
Irwin Buntman from Edith Buntman

## **Mazel Tov**

To Sandra & Steve Horowitz on the birth of their new grandson, Theo Horowitz  
To Anita Shore & Stan Dreyfuss on the birth of their granddaughter, Clara Bayla Dreyfuss

## **Speedy Recovery**

To David Schoeneman from Laura & Jake Eisenwasser, Sherry & Scott Wolf

## **Sympathy**

To Cathy Burnett in memory of her mother, Marjorie, from Ellen Kahn, Laura & Jake Eisenwasser, Sue (Farber) Pechter, Jan (Farber) Goldman, Phil Farber, Penny & Jerry Shnay  
To Rori Narter in memory of her husband, Alan, from Jerome Friedman, Penny & Jerry Shnay, Cathy Burnett & Nacho Tejada  
To Ed & Ev Rappaport in memory of their son, Gerald, from Lenny & Burt Zeiger, Bea Kamen, Laura & Jake Eisenwasser,

Ed & Rochelle Baum

To Fern & Manny Katz in memory of Fern's brother, Gerald, from Laura & Jake Eisenwasser, Ed & Rochelle Baum,  
To Larry Baker in memory of his wife, Marie, from Laura & Jake Eisenwasser  
To Miriam Garbow in memory of her husband, Burt, from Lenny & Burt Zeiger, Laura & Jake Eisenwasser, Bea Kamen, Penny & Jerry Shnay, Sherry & Ron Dieckman, Alan Sporn, Jack Levitt  
To Shari Cohen & Bob Mayer in memory of Mike Block from Laura & Jake Eisenwasser  
To Linda Kelly, Barbara Soyak, Paulette Cholewa, Howard Paskin in memory of Gertrude Paskin from Sandy Rusnak and Family

## **Sisterhood Tributes**

### **Choir Fund**

In Memory of Alan Narter from Susan & Barry Bayer, Carole Fefferman, Harlene & Irwin Friedman, Judy Lohr-Safcik, Donelle Macey, Penny & Jerry Shnay, Gayle & Norm Weil

## **Speedy Recovery**

To David Schoeneman from Carol & Rich Zucker

## **Sympathy**

To Mindy Tumarkin in memory of her mother, Henrietta Tumarkin, from Ginny Gilbert, Sarah Smason, Marlene Hemleben  
To Ed & Ev Rappaport in memory of their son, Gerald Rappaport, from Ginny Gilbert, Sarah Smason, Marlene Hemleben, Alene & Ron Rutzky  
To Cathy Burnett in memory of her mother, Marjorie Proctor, from Alene & Ron Rutzky  
To Larry Baker in memory of his wife, Marie, from Alene & Ron Rutzky  
To Jeff & Jodie Virene in memory of Jeff's mother, Jean, from Alene & Ron Rutzky  
To Miriam Garbow in memory of her husband, Burt, from Alene & Ron Rutzky, Carol & Rich Zucker

Thank you to our Shir Tikvah family for all the condolences, kind thoughts and prayers, donations and beautiful fruit basket, all sent in loving memory of our mother, Marjorie "Honey" Proctor. Cathy Burnett, Nacho Tejada, Elizabeth Proctor, John Chiera, Michael Proctor and family.

The family of Alan Narter appreciates and thanks you all for your kind expressions of sympathy.



*We mourn the death of  
Burt Garbow.*

*We mourn the death of  
Margorie Proctor.*

*We mourn the death of  
Alan Narter.*

*We mourn the death of  
Gertrude Paskin.*

*We mourn the death of  
Joseph Katz.*

*May memories of them forever  
be a blessing to all who loved  
them and may their families be  
comforted among the mourners of  
Zion and Jerusalem.*





Students have continued their observances of mitzvot even as they have remained at home. They answered 4 questions pre-Pesach Seder and 4 follow-up ones in words and pictures. Our May 3rd class was in a "virtual classroom" and we shared the experiences. A big "todah rabah" goes out to the parents who have facilitated these lessons!

Barb Cohan  
Shir Tikvah School Coordinator

**Virtual Sisterhood Birthday Luncheons** Normally, the Sisterhood celebrates birthdays on the first Wednesday at 12:30pm at Aurelio's Pizza in Homewood. However, due to COVID-19 they are meeting virtually instead. Please contact Gayle Weil to find out how to join the online party at [gweill19@yahoo.com](mailto:gweill19@yahoo.com)!

Support the Sisterhood by purchasing Jewel Cards! We receive a percentage from each card we sell. Denominations are \$50 and \$100 and are available by emailing the office. Diedre has them at home and will get them to you! Thanks for your support!



### SHALOM TRANSPORTATION

Is a subsidized senior transportation option for Jewish seniors facing transportation barriers in the Southern Suburbs. This program broadens our transportation service area to better serve the Jewish community.



For more info, please contact Amy Bloomberg, the South Suburban Coordinator, at 708-249-6086.



### Mazel Tov!

To Joan and Bob Mahler on the birth of a granddaughter!

and to

Larry and Nancy Burrows on the birth of a grandson!





Sun	Mon	Tue	Wed	Thu	Fri	Sat
Virtual Services on Zoom are sent out by email and are subject to change from what is listed here. Please check your emails for updates.					1 5:30 pm Virtual Candle Lighting and Kaddish on Zoom Candles @ 7:31p	2 9:45 am Conservative Service on Zoom
3	4	5 7:00 pm Virtual Oneg on Zoom	6	7	8 5:30 pm Virtual Candle Lighting and Kaddish on Zoom Candles @ 7:39p	9 10:15 am Reform Service on Zoom
10	11	12 7:00 pm Virtual Oneg on Zoom	13	14	15 5:30 pm Virtual Candle Lighting and Kaddish on Zoom Candles @ 7:46p	16 9:45 am Conservative Service on Zoom
17	18	19 7:00 pm Virtual Oneg on Zoom	20	21	22 5:30 pm Virtual Candle Lighting and Kaddish on Zoom Candles @ 7:52p	23 10:15 am Reform Service on Zoom
24	25	26 7:00 pm Virtual Oneg on Zoom	27	Erev Shavuot 28 Virtual Tikkun Study Session on Zoom Candles @ 7:57p	Shavuot I 29 5:30 pm Virtual Candle Lighting and Kaddish on Zoom Candles @ 7:58p	Shavuot II 30 9:45 am Combined Service including Yizkor on Zoom
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