

Tevet—Shevat 5779 January 2019

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Rabbi's Message

When I decided to make my transition to a vegetarian diet official in 2012, there were a number of factors influencing me. One of those factors was the environmental impact of the meat industry. Like many children of the 1970's and '80's, I grew up

in the so-called 'era of convenience.' Single-use, Single-serve- the word 'single' seemed to dominate the food industry, in particular, and the concern for the consumer's convenience outweighed concerns over the ill-effects of Styrofoam, and the increase in packaging. It was a time when aerosols, like hairspray, emitted harmful CFC's that caused damage to the ozone layer, and leaded gasoline spewed pollution into the air. Suffice it to say that few of us had any idea of the extent of the

damage we were doing to the planet.

But our tradition is remarkably attuned to the needs of our natural environment. In creating the holiday of Tu Bishvat, which celebrates the New Year of the trees, the Kabbalists built upon the teachings and laws already laid out in the Torah: laws like Sh'mitah, the Sabbath or sabbatical required for fruit-bearing trees every seven years, or the prohibition of chopping down fruit trees when conquering a land. The sages later taught Bal Tashchit – do not destroy, regarding the environment. These are just a few of the ways in which the rabbis remind us of the necessity to protect the environment, and to take good care of the land so it remains for generations. Being environmentally thoughtful and friendly, is, indeed, a Jewish imperative.

So my decision to become a vegetarian might be viewed as my observance of this imperative. As I gained more and more knowledge, the choice I had

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(Rabbi's Letter, continued from page 1)

to make became clearer to me. Did you know that "... Animal agriculture is responsible for 18 percent of greenhouse gas emissions, more than the combined exhaust from all transportation?" ("Livestock's Long Shadow: environmental issues and options". Food and Agriculture Organization of the United Nations. Rome 2006). I didn't until 2012. And now, eyes opened and six and a half years of vegetarianism behind me, I've begun to make small but significant changes in other areas in my life, in the hopes of lessening my own footprint- carbon and otherwise. Wherever I go, I carry a set of reusable plastic or bamboo silverware in my purse. I also carry a metal straw - so I don't have to use disposables. At home, I have stopped buying paper products like towels and napkins, and I've begun to make the move to fabric. I recycle what I can, and I am trying to be more conscious when I buy things, about making sure that my pile in the landfill is getting a little bit smaller. Many of

you do even more: have a compost pile, drive hybrid or all electric cars, and use more sustainable products. These are all GREAT ways to have an impact, and I hope that we as a community, can make a difference here as well. In the kosher-style kitchen, we have a dishwasher. I'd love to see us commit to making more use of our glass and china for onegs and kiddushes. Yes, it means we need to wash the dishes afterward, but with the dishwasher, that should be much easier to do. Just think about how many paper products we go through at Shir Tikvah in a year. We could have a significant impact by changing just one thing we currently do. As we mark another Tu Bishvat, I hope we can commit to making small changes in our congregation that can help make a real difference in our world!

~Rabbi Carmit Harari



Beit AmiChai will be off for winter break until January 6th.

An Update from Beit AmiChai Hebrew School

As we begin 2019, Hebrew School will resume on January 9th. Sunday School, Preschool and High School Havurah will resume on January 13th. Our Family Shabbat service is on January 11th at 7:00 p.m. at Temple Anshe Sholom. Please join our classes as they present, "Voices & Visions: Exploring the Artistry & Adages for our age." Each Sunday School class has worked on this for many weeks and I am looking forward to hearing their thoughts.

Our Hebrew School students will lead services at Shir Tikvah on Saturday, January 26th at 10:15 a.m. They are hard at work practicing their Hebrew in preparation for this service, and we hope you will join us then.

~Mindy Miller, Principal

Presidents' Message January 1, 2019 Happy New Year!

But wait— which new year is it? In Judaism, there are four New Years, each with a different purpose, but in our secular American world, there are several different New Years, again each with a special purpose. In Judaism, we have the first of Nissan which is considered the first month of the Hebrew calendar. Since Nissan is also the month of Passover, it can be viewed as the anniversary of the founding of the nation of the Jewish people when they escaped from Israel.

Next comes the first of Elul, which, according to the Mishnah, is also known as the New Year for Domesticated Animals. In the olden days, the shepherds determined which of the mature animals should be tithed or given to the priests. Now our animals celebrate because we reflect on our treatment of them.

The third, of course, is the first of Tishri, or Rosh Hashanah. Traditionally thought of as the day when the world was created, it is also a time to reflect on how we can improve. Finally, we have the 15th of Shevat or Tu B'Shevat. Although it is not the beginning of the month, it is considered the birthday of the trees since, according to the Torah, trees must be at least three years old before we partake of their fruit, so this is the time to start counting their age.

Now let us look at our secular New Years, most of which actually encompass part of two calendar years. In August, we have the beginning of the school year. The school year is unusual because it has only 9 1/2 months in it. I used to think that summer was like a black hole that didn't really belong anywhere.

The government fiscal year goes from October 1 to September 30 and is denoted by the year in which it ends. To further confuse things, many business fiscal years (and our congregation's fiscal year) runs from June 30 to July 1, although it can be any 12 month period.

Why are we mentioning all of this? We do so because all of these New Years have something in common: a chance for renewal, improvement, a new start. One of the tenets of Judaism is Tikkun Olam, repairing the world. As we begin 2019, let us consider the ways we can improve the lives of others. There are many Jewish organizations, such as NCJW and B'nai Brith, which are dedicated to improving the rights of people in the global community. Locally, the schools, nursing homes, assisted living residences, and hospitals all welcome volunteers. At Shir Tikvah, we have formed a caring committee. If you know anyone who would welcome a phone call or a visit, please let Diedre know. Again, if you would like to help, please let us know. Do a mitzvah by going to services or attending a minyan.

Finally, let us share this information:
Norah Lazarus is the daughter of Zachary
Gratz-Lazarus. His family were members
of CAE when they lived out here. Zach
helped immensely with Young Judea at
the JCC and was an aide at the religious
school. Please help if you can and pass
this message on. Right now, there are no
matches for Norah in the registry. Norah
is an expert joke-teller, modern-dancer,
ice cream-licker, and loving big sister. At
five years old, she takes her jobs pretty
seriously. Norah was diagnosed with a
rare genetic disorder called Fanconi

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Presidents' Message continued

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Anemia (FA). Essentially, FA interferes with her body's ability to properly repair its DNA. If untreated, it increases her risk of leukemia or bone marrow failure to 90%. Norah will need a bone marrow transplant. Unfortunately, none of Norah's family members are a match for her. While finding an exact bone marrow match is difficult, the likelihood of a match increases substantially among ancestral lines, and for Norah this means we are looking primarily for a donor with Jewish Ashkenazi (Eastern European) ancestry.

How can you help?

1. Register here if you are between 18-60 (free if you're 18-44!) http://join.bethematch.org/SwabforNorah.
Registering is an easy process that involves completing a quick 6-minute online form and doing a simple painless cheek swab a few days later when the swab kit arrives at your home. If a person is found to be a match, and willing/able to donate, the donor procedure is very low -risk (contrary to common perceptions) and the benefits are literally life-saving.

- **2.** Like & Share the Norah Needs You FB Page: www.facebook.com/NorahNeedsYou and encourage others to register
- **3.** Email your network and encourage at least 10 people in your community to register (sample email on website: https://www.norahneedsyou.com/sample-email)
- **4.** Host a drive (visit our website to learn how: https://www.norahneedsyou.com/donate
- **5.** Donate to the Fanconi Anemia Research Fund to help find a cure: https://fundraise.fanconi.org/give/160689/#!/donation/checkout

Again, rejoice as we enter 2019 and think about the difference you can make in others' lives.

Your co-presidents,

Sherman and Sherry

Shabbat Services Thank You!

I would like to thank the following people who volunteered their time by leading reform Shabbat services, reading Torah, and rolling Torahs:

Barry Bayer, Susan Bayer, Rabbi Ellen Dreyfus, Judy Lohr-Safcik, Ernie Ratowitz, Gary Schwarz, Penny Shnay, Chuck Stone, Gayle Weil, and Rabbi Leo Wolkow.

~Carole Fefferman, Ritual Chair

Service Times

Reform Services

Friday, January 4, 7:30pm

Saturday, January 5, 10:15am

Parashat Vaera

Exodus 8:16-9:35 Haftarah: Ezekiel 28:25-29:21

Friday, January 11, 7:00pm Services are at Temple Anshe Sholom School-Led Family Service Soup & Salad Dinner before at 6:00pm

Saturday, January 12, 10:15am

Parashat Bo

Exodus 12:29-13:16 Haftarah: Jeremiah 46:13-28

Friday, January 18, 7:30pm

Saturday, January 19, 10:15am

Parashat Beshalach

Exodus 14:26-17:16 Haftarah: Judges 4:4-5:31

Friday, January 25, 7:30pm

Saturday, January 26, 10:15am School-Led Service with Nancy Friedman, Soloist



Parashat Yitro

Exodus 18:1-20:22 Haftarah: Isaiah 6:1-7:6, 9:5-6

Conservative Services

Saturday, January 5, 9:45am

Parashat Vaera

Exodus 8:16-9:35 Haftarah: Ezekiel 28:25-29:21

Saturday, January 12, 9:45am

Parashat Bo

Exodus 12:29-13:16 Haftarah: Jeremiah 46:13-28

Saturday, January 19, 9:45am

Parashat Beshalach

Exodus 14:26-17:16 Haftarah: Judges 4:4-5:31

Saturday, January 26, 10:15am School-Led Service with Nancy

Friedman, Soloist
Parashat Yitro

Exodus 18:1-20:22 Haftarah: Isaiah 6:1-7:6, 9:5-6

Candle Lighting Times

Friday, January 4

4:16 pm

Friday, January 11

4:23 pm

Friday, January 18

4:31 pm

Friday, January 25

4:40 pm



Yahrzeits

WEEK OF JANUARY 4

Lea Adler Svlvia Cohen David Coleman Anna Dreier **Bret Fimoff** Meyer Friedman Sidney Friedman Nathan Goodman Jennie Hoffman Molly Kamins Anne Jacobson Max Kaplan Hyman Levine Ida Levinson James Lorsch Sam Marks **Ethel Miller** Rose Mozer

Isaac Lawrence Rubin

David Shaw Ann Shiff

Alexander H. Shore Frances Shulein Isadore Srulevitz Sonva Tepper Mathilde Tigay Alan Warady

WEEK OF JANUARY 11 Ella Abrams

Gertrude L. Bardige Nellie Barsuk **Ernest Bartczak** Jacob Barton Marian Berman **Shurley Brandes** Howard Brenner Meyer Bruder **Evelyn Burrows** Jacob Calisoff Samuel Cerier

Harriet Lazarus Cohen

Hyme Cohen Robert J Corbin Sophie Davidson **Gretl Diamant** Edmund Elend Leo Elliot

Ludwig Falkenstein Donald Fiterman Julius Freedman

Rose Gershowitz Willard Gilbert David Goldschmidt Harry Goldstein Seymour Golub Rose Gould Arthur Hahn Jerome Heilbrunn Florence Heiss George Horewitch Louis Kosafsky Leonard Lang Miriam Lazow Roberta Levitt JoAnne Mathias Isador Offenberg Josef Pfeffer Joseph Podwol Neil Rader

Richard Robinson Bessie Rohde Mike Safcik Ida Sager

Pearl Schwartzberg Sophie Simon Roy Slovenko Lester Solomon Barbara Sporn Magrit Sugar Ada A. Toll Bess Wagman Jerome Weil

WEEK OF JANUARY 18

Rose Adelman Iona Adleman Josephine Alpert Jacob Blumstein Frieda Butler James Collop Jack Freeman Anna Ephron Esther Goldberg Renee Goldberg Dora Goldman Joseph Greene Ethel Hass Robert Heller Robert Hersh Rosa Hirschbruch Leonhard Kamberg Raymond Kaplan

Maurice M. Kraft

Cecile Lukas Scott Lustig Herman Mandell George Mednick Lester Mosbacher Harvey Nachenberg Abe Paskin Linda Robson Irvina Rose Bill Rosen Albert Rubin Stewart Rusnak Bernadine Schlesinger Celia Miller Schwedel Ann Shlensky William Singer Isidore Snitkowsky Ervin Sprintz

WEEK OF JANUARY 25

Meier Strauss

Patricia Berkowitz Merwyn Brodsky Isadore J. Dietch Mary Dietch Ida Feldman Ruth Hare Joseph Hirsch Gerda M. Isacson Mike Kaufmann Joseph Lassner Martin Levy Meyer Lippert Harold Magid Roslyn Moskowitz Jack Ourach Ida Riffer Gertrude Safcik Dora Salk Henrietta Schapiro Maurice Schulman Ruth Seewald Filis Gitlitz Settle Elaine R. Shapin Mollie Shlensky Jette Stein Angelina Tejeda **Arthur Michael Wax** Julius Wolf

January Birthdays

- 3 Sophie Kern
- 3 Evelyn Rappaport
- 7 Fern Katz
- 7 Jose Salas
- 8 Cathy Burnett
- 8 Lior Rafalovitz
- 10 Sherman Susman
- 12 Edith Feldman
- 16 Jacqueline Burnett
- 15 Merle Hurowitz
- 18 Meira Burnett
- 18 Burton Garbow
- 19 Ida Anger
- 22 Jodie Virene
- 27 Donelle Macey
- 28 Barbara Blumstein
- 29 Sandra Stelzer
- 30 Rori Narter

January Anniversaries

- 19 Roy and Dale Robinson
- 24 Larry and Nancy Burrows
- 30 Evelyn and Ed Rappaport
- 31 Grigoriy and Tat'yana Abramov



February Birthdays

- 2 Trudy Barch
- 2 Jordan Sigale
- 4 Matthew Lipman
- 11 Simone Switt
- 12 Thomas Michael Anger
- 12 Tyler Burnett
- 12 Gail Kaufman
- 13 Grigoriy Abramov
- 13 Joshua Greenberg
- 15 Rabbi Ellen Dreyfus
- 15 Risa Herbstman
- 15 Judy Lohr-Safcik
- 15 Norman Weil
- 16 Shari Cohen
- 17 Joel Cahan
- 17 Rhoda Elias
- 18 Tom Anger
- 18 Nancy Friedman
- 18 Leo Wolfson
- 19 Risa Graff
- 19 Penny Shnay
- 21 Carly Anger
- 21 Louis Bloomberg
- 24 Cheryl Warshaw
- 25 Noah Cahan
- 26 Barbara Cohan
- 26 Harriet Susman

February Anniversaries

- 4 Philip & Rhoda Elias
- 15 Sherry & Ron Dieckman
- 16 Marvin & Marilyn Goldberg

Tributes

Rabbi's Discretionary Fund In memory of

Vera Brachman from Mark & Andreatte Brachman

Miriam Eisenwasser from Laura & Jake Eisenwasser

Reuben Escrick from Sheila & Harris Spanier

Anna Greenberg & David Greenberg from Elliott Greenberg

Ruth Kaplan from Richard & Ellen Kaplan

Berniece Mirsky, Renee Mirsky from Mark Mirsky

Jules Rutzky & Philip Schneider from Alene & Ron Rutzky

Joseph & Marian Schoeneman from Carmencita & David Schoeneman

General Fund

In memory of

Carole Bransky from Bill Bransky Shirley Fefferman, Rose Hirsch & Molly Fefferman from Carole Fefferman

Eva Hofman from Alan Sporn Anna Noskin from Vivian Gerber Betty Portman from Irwin & Harlene Friedman

Alex Rubin from David & Bonnie Rubin

Miriam Rutzky & Phylis Schneider from Alene & Ron Rutzky

Speedy Recovery

To Jack Eisenberg from Adeline & Leonard Lasker

To David Gottlieb from Laura & Jake Eisenwasser

Choir Fund

In memory of

Benjamin Burrows & Fannie L.

Mayer from Larry and Nancy
Burrows

Eva & Harry Horwitz from Lucille Kulwin

Bernard Narter from Alan & Rori Narter

Family Concerns

In honor of

The wedding of David Dreyfus & Lauren Butterfield from Margo Rannells

Women of Shir Tikvah Sisterhood News

Gold cards are available at a cost of \$5.00. Please send your request to the office.

Jewel Cards are available for purchase in the office. Please consider using these when shopping as they help support our sisterhood events.



Sisterhood Tributes

Get Well Soon!

To Carole Fefferman from Barry & Susan Bayer, Ruth & Sherman Friedman, Bea Kamen, Deedee DuBrow, Donelle Macey

To Norman Weil from Barry & Susan Bayer, Ruth & Sherman Friedman, Carole Fefferman, Deedee DuBrow, Donelle Macey

Mazel Tov!

On the engagement of Barry Sturm & Marilys Ewa from Barry & Susan Bayer, Ruth & Sherman Friedman, Carole Fefferman, Deedee DuBrow, Donelle Macey, Barb & Gary Schwarz

SHALOM TRANSPORTATION

JUF is pleased to announce a new pilot program that will expand subsidized senior transportation options



for Jewish seniors facing transportation barriers in the Southern Suburbs. This program will broaden our transportation service area to better serve the Jewish community. For more info, please contact Alene Rutzky, South Suburban Coordinator, at 708-798-1884

or alenerutzky@juf.org.

News You Can Use



Tu Bishvat:

Tu Bishvat is first mentioned in the Mishnah, the code of Jewish law that dates back to around 200 C.E. There, in Rosh Hashanah 1:1, the text speaks of four new years, all of which are connected to an ancient cycle of tithes. Each year, the Israelites were expected to bring one-tenth of their fruits to the Temple in Jerusalem, where they were offered to God and also helped sustain the priestly class and the poor. Since fruit from one year could not be used to tithe for another, the Rabbis had to determine when a crop year would begin and end. They chose the month of Sh'vat as the cut-off date, for this is when, in Israel, the sap begins to run

and the trees start to awaken from their winter slumber, before beginning to bear fruit. (Read More)

Family School-Led Service at TAS

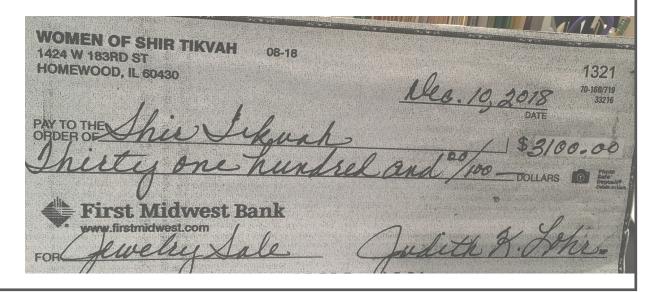
On Friday, January 11th, a Soup & Salad Dinner will be served at 6:00pm, followed by services at 7:00pm. No services at Shir Tikvah that evening.

If you celebrate your birthday in January, the Women of Shir Tikvah invite you to join them at Aurelio's at 12:30pm on Thursday, January 10th for a birthday luncheon. Please RSVP to the office if you'll be joining them!

Our next movie will be "The Cakemaker" on Sunday, February 10th. Watch for details.



The board was pleased to receive this check from the Women of Shir Tikvah and thank them for their exceptional gift!



It's Shir Tikvah Erev Oscar Party Time! Celebrate 90 Years of Oscar! Saturday, February 23rd, 2019, 6 pm Shir Tikvah

1424 W. 183rd in Homewood



We will serve hearty appetizers galore, desserts, and non-alcoholic beverages. Prizes, and pictures on the red carpet—all for \$25 per person! (BYOB)

Glitz and Glamour encouraged



Celebrates the birth of show business and tells of a visionary who rose from nothing to create a spectacle that became a worldwide sensation.



Be an Oscar Winner for \$100 (two tickets, donation, and an Oscar)

			•
Yes, I/we will come.			
General Admission # @ \$25	Oscar Winner \$100		
Sorry, I/we cannot attend but he	e's a donation. Spectator (\$3	6) Other \$	
Total Enclosed \$ Name	<u> </u>	Phone	
RSVP by Monday, February 18th	. Make checks out to Shir Ti	kvah. Mail to :	
Sh	ir Tikvah attn. Erev Oscar Pa	rty	

1424 W. 183rd St. Homewood, IL 60430

Havdalah Program

Saturday, February 9th

Help us celebrate the Beit AmiChai School of Jewish Education success with our annual Havdalah Program at Shir Tikvah

Bring the whole family and enjoy an evening starting with our Havdalah service and singing, followed by dinner, a little schmoozing and our delicious dessert auction!

6:00 pm Havdalah Service 6:45 pm Dinner followed by the Dessert Auction

The dinner is sponsored by Beit AmiChai School so there is no cost to you! Our Kosher style meal includes mac & cheese, a delicious pasta dish, salad and bread.

The Tzedakah for this evening is generated through your generosity by baking an item for our auction and/or bidding on items. All proceeds will be donated to help support Beit AmiChai School.

Dessert Auction.....Make one of your favorite desserts or perhaps one that's been in your family for years. Remember to **PLEASE** attach a note with a description of your dessert along with any history about it to help our auctioneer. No time to make something? You can also visit Aunt "Jewel" or Uncle "Walt" and pick up a dessert.

RSVP to the Shir Tikvah office at 708-799-4110 no later than February 4, 2019

January 2019

Tevet-Shevat 5779

			I	I	I	
Sun	Mon	Tue	Wed	Thu	Fri	Sat
STR = Shir Tikva STC = Shir Tikva NO Services at S Friday, January 1	h Conservative Shir Tikvah on	OFFICE CLOSED Happy New Year!	2	3	4	5 STC 9:45am STR 10:15am
6	7	8	9 JUF Event Committee Mtg. at Rutzky home 7pm	10 WOST B-day Club Luncheon 12:30pm at Aurelio's, —All Welcome Transitions Mtg. 7:00pm	11 4:23pm Soup & Salad Dinner 6:00pm before School- Led Family Service at TAS 7:00pm	12 STC 9:45am STR 10:15am
13	14 Exec Board Meeting 7pm Board Meeting 8pm	15 CJC Mtg. @ TAS 7pm	16	17	18 4:31pm STR 7:30pm	19 STC 9:45am STR 10:15am
20	21 Tu Bishvat	22 WOST Mtg. 10:30 am	23	24	25 4:40pm STR 7:30pm	26 School-Led Shabbat with Nancy Friedman STR 10:15am
27	28	29	30	31		

February 2019

Shevat—Adar I 5779

Sun	Mon	Tue	Wed	Thu	Fri	Sat
Service & Even Rabbi with Con Rabbi with Refo Saturday, Feb. Sunday, Feb. 10	t Highlights: servative Friday, Februs 6:00pm Havdala 0th 3:00pm Movie, " 23rd 6:00pm Erev O	eb. 8th, 7:30pm; 9th 10:15am & JU ih Service, Dinnei The Cakemaker"	F Mini-Grant Bil		1 4:16pm STR 7:30pm	2 STC 9:45am STR 10:15am
3	4	5	6	7	8 4:23pm STC 7:30pm Rabbi with Conservative	9 STR 10:15am Rabbi with Reform with Nancy Friedman & JUF Mini-Grant Bibliodrama 6:00pm Havdalah Service Dinner & Auction
10 "The Cakemaker" 3pm	11 Exec Board Meeting 7pm Board Meeting 8pm	12	13	14 WOST B-day Club Luncheon 12:30pm at Aurelio's, —All Welcome	15 4:31pm STR 7:30pm	16 STC 9:45am STR 10:15am
17	18	19	20	21	22 4: m STR 7:30pm with Nancy Friedman	23 STC 9:45am STR 10:15am STR 10:05CARC Erev Oscar Party 6:00pm
24	25	26	27	28		