

January, 2016 Tevet-Shevat 5776

BULLETIN

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E-mail: office@bybs.org Website: www.bybs.org

Rabbi's Message

Dear Friends,

Happy New Year! Though new years tend to be a time when we look forward, I'd like to begin by



looking back over our shoulders to a time in the not so distant past. What an incredible Chanukah we celebrated in our community! On Friday night December 11, more than sixty of us from across the south suburban Jewish community joined together for a family service. It was an absolute

pleasure to begin by lighting the sixth Chanukah candle together, and to have more than a dozen students from our religious school, Beit AmiChai School of Jewish Education, lead us in songs and prayers. There was truly a warm, festive, and fun atmosphere in the air, and I believe that a good time was had by all!

Then, on December 13, nearly one hundred of us gathered together on the last night of Chanukah, where we lit candles, ate a fabulous Chanukah feast, and danced to the music of the Klezmedics! It was a great evening filled with song and joy, but one experience in particular stands out for me.

Just before the festivities began, we invited anyone who wished to join us for a ceremony marking the installation of two mezuzot: one on the back door of our building, and one on the door to our chapel. The chapel, which was completed last year, has become a wonderful space for worship and gathering; a warm and intimate space that we have come to love. But it had yet to be formally dedicated, and what better time to dedicate a space than on the holiday whose name, Chanukah, means dedication?

Schedule of Services – January 2016

NOTE: Beginning Saturday, January 2
Shabbat Morning services will begin at 10:15 am

Friday, January 1, 7:30 pm

Shabbat Service

Saturday, January 2, 10:15 am

Shabbat Service

Torah Portion: Shemot

Exodus 1:1 - 6:1

Haftarah: Isaiah 27:6 - 28:13; 29:22 - 29:23

Friday, January 8, 7:00 pm

Family Shabbat Service at Temple Anshe Sholom

Nancy Friedman and Youth Choir

Saturday, January 9, 10:15 am

Shabbat Service followed by Bible & Bagels

Torah Portion: *Vaera*Exodus 6:2 – 9:35

Haftarah: Ezekiel 28:25 - 29:21

Friday, January 15, 7:30 pm

CJC Community Shabbat Service at BYBS

Saturday, January 16, 10:15 am

Shabbat Service

Torah Portion: Bo

Exodus 10:1 - 13:16

Haftarah: Jeremiah 46:13 - 28

(continued on page 2)

President's Message

Going on a diet	
Exercising	Quitting
smoking	

These are the typical New Year resolutions.



Sometimes they stick, but more often they fail. Most chalk it up to human nature, but I believe these resolutions fail because one has to look beyond and behind the plan. For

example, perhaps one shouldn't just resolve to quit smoking. Maybe one has to examine why quitting is so difficult. Thirty years ago, when I quit smoking, I realized that I smoked whenever I felt uncomfortable. I needed to look at why I was so often uncomfortable.

It is no secret that I have a weight problem. One day I had a long quiet talk with myself about my eating habits. "Carole, why do you binge food in the evening?" And the still, clear voice came back to me, "Because it is all I have!! Please don't take it away from me!" Wow! What a shock! I didn't think a simple diet would help this issue. I was pretty certain that an exploration of my loneliness or my feelings of an empty life would have more farreaching results. How would I explore this issue, where would I begin? Perhaps a weekly visit, or maybe even one visit to Overeaters Anonymous would help me in coping. Perhaps marking every time I mindlessly reach into a bag of pretzels would keep me more mindful. Maybe checking my blood sugar ahead of time would help. So.....one of my resolutions will be to listen to that still clear voice within me.

I asked temple members to share their resolutions. Several people responded that they would like to organize and make better use of their time. One person said that she might be buried in paper until June. Several others wrote that they will work toward good

(Service schedule continued)

Friday, January 22, 7:30 pm

Shabbat Shira Service @ BYBS with BYBS & TAS Adult Choirs

Saturday, January 23, 10:15 am

Shabbat Service

Torah Portion: Beshalach

Exodus 13:17 - 17:16

Haftarah: Judges 4:4 - 5:31

Sunday, January 24, 7:00 pm

CAE/BYBS Joint Tu Bishvat Seder

Friday, January 29, 7:30 pm

Shabbat Service at TAS

Saturday, January 30, 10:15 am

Shabbat Service in Sanctuary

with Rabbi Harari

Baby Naming of Sue Johnson's grandchild

Torah Portion: *Yitro*Exodus 18:1 – 20:23

Haftarah: Isaiah 6:1 - 7:6; 9:5 - 6

February 2016

Friday, February 5, 7:30 pm

Shabbat Service

Nancy Friedman, soloist

Saturday, February 6, 10:15 am

Shabbat Service

Torah Portion: Mishpatim

Exodus 21:1 - 24:18

Haftarah: Jeremiah 34:8 - 22; 33:25 - 26

Saturday, February 6, 6:00 pm

Havdalah Service & Dinner @BYBS/CAE

Service: 6:00 pm

Dinner following services

Friday, February 12, 7:00 pm

Family Shabbat Service at Cong. Am Echad

Nancy Friedman and Youth Choir

(continued on page 3)

(Rabbi's message cont. from page 1)

With the help of our presidents, Carole Fefferman, Sherry Dieckman, and Steve Horowitz, as well as Rabbi Emerita, Ellen Dreyfus, we put up two mezuzot, and jointly consecrated the space. This short ceremony, consisting of readings and prayers, was truly meaningful as we reaffirmed our partnership, and dedicated our chapel as a place for gathering and prayer, song, and sacred work.

As we enter into a new year, it is my hope that this light and spirit guide our way. We are especially grateful to Laura Eisenwasser, Edna Pardillo, and Stacey DeFilippo for all of their hard work on the joint Chanukah party! And we thank Sigi and Bo'az Rafalovitz, as well as Jake Eisenwasser, for the tasty treats we enjoyed! Thank you to the Klezmedics for their lively and fun music, and thank you to everyone who helped set up, clean up, or anywhere before, after, or in between! And since it is a new year, we hope you'll join us as we celebrate the Jewish New Year of the trees, Tu Bishvat, together in community! Sunday, January 24, at 7:00pm.

Wishing you and yours a happy, healthy, and fulfilling 2016!

Rabbi Carmit Harari



(Service schedule cont. from page 2)

Saturday, February 13, 10:15 am

Shabbat Service followed by Bible & Bagels

Torah Portion: *Terumah* Exodus 25:1 – 27:19

Haftarah: I Kings 5:26 – 6:13

Friday, February 19, 7:30 pm

Shabbat Service

Saturday, February 20, 10:15 am

Torah Portion: *Tetzaveh* Exodus 27:20- 30:10

Haftarah: Ezekiel 43:10 - 27

Friday, February 26, 7:30 pm

Shabbat Service

Saturday, February 27, 10:15 am

Shabbat Service

Torah Portion: *Ki Tisa* Exodus 30:11 – 34:35

Haftarah: I Kings 18:1 - 39

Next Downtown Shabbat Service February 5, 2016 at 6:30 pm.

Thanks to Stan Dreyfuss and Anita Shore for hosting in December. Stan led services, and David Gottlieb led the discussion of the Torah portion. The next Shabbat get together will be at David and Fawn Gottlieb's on Friday February 5 at 6:30.



Contributions

General Fund

Proceeds to temple general fund.

Marvin Snyder P.A.D.S. Fund

Contributions benefit local homeless shelters.

Bernie Alpert Prayer Book Fund

Prayer books are available for donation for all occasions. If desired, a bookplate will be affixed to each book stating the name of the donor and the occasion.

Choir Fund

For special choir needs.

Library Fund

Helps purchase books and equipment for temple libraries.

Family Concerns Fund

Special funds for emergencies occurring in member families.

Rabbi's Discretionary Fund

Funds for charitable uses within and outside the congregation at the discretion of the Rabbi.

Doris Rosenberg Memorial Camp Scholarship Fund

Funds help BYBS children attend Jewish summer camps, especially OSRUI.

Brounstein Memorial Capital Improvement Fund

To keep the building in good shape.

General Fund

In Memory of Donor

Dorothea Wolf Cliff Wolf

Greta Altman

Barbara Silverman David Silverman

Genevieve Sosin Jeffrey, Barbara & Bettie Gilbert

Anna Noskin Aaron & Vivian Gerber

Manning Knapp Walter & Gretchen Falk

Dr. Arthur Falk

Morris J. Levin Sylvia Handler

Harry Machtinger Larry & Dori Machtinger

Renee Mirsky S. Marie Garnhart

Henry Hesky Susan Johnson

In Honor of Donor

Sol Yates' birthday Ellen Kahn

Rabbi's Discretionary Fund

In Memory of Donor

Bella Gaven Louis & Natalie Lee

Shirley Feigenbaum Linda & Larry Simon

Choir Fund

In Memory of Donor

Shirley Fefferman Carole Fefferman

Abraham Fefferman

Molly Fefferman

Rose Hirsch

Harry Hirsch

Eva Horwitz Dorothy Tanzer

(Contributions continued)

Henry Greilsheim Larry & Nancy Burrows

Arthur H. Mayer

Benjamin B. Burrows

Renee Mirsky Harold & Ida Kokal

Kevin & Trisha Lesch

Lynn & Kurt Hasenstein

Camp Scholarship Fund

In Memory of Donor

Christopher Tejeda Debbie & Emmet Goldberg

Carole Fefferman

Eila & Doug Koltun

Family Concerns Fund

In Memory of Donor

Anne Levene Lee & Sol Yates

Pearl Kliff Bev Sokol

Altman-Stein Education Fund

In Memory of Donor

Kurt Webster Lionel & Miriam Webster

Frederick Stein Louise Stein

Augusta Blum

Sisterhood Fund

In Memory of Donor

Francine Ziev Judy Lohr & Mike Safcik

Christopher Tejeda

Renee Mirsky

Nancy Rusnak

Michael Wexler Deedee DuBrow

Penny & Jerry Shnay

Ruth & Sherman Friedman

Dan & Joyce Rosenfeldt Memorial Endowment Fund

For capital improvements to the temple.

Les Lawitz Memorial K'lei Kodesh Ritual Arts Funds

Provides monies for the cleaning and repair of the Torah Scrolls and ritual objects.

School Fund

Helps pay for equipment and special projects not covered by school fees.

Altman-Stein Education Fund

Minimum \$10 donation-Augments Hebrew and Sunday School Fees for families who cannot pay tuition.

Sisterhood Happy Day & Memorial Fund

Tribute cards are an economical and attractive fundraiser for Sisterhood. Cards are sent with personal message to honor friends or family on memorable occasions.

Cards are sent by contacting Harlene Friedman at 708-957-5947. Please include your message (and occasion), the recipient, and your name for acknowledgement. Send your check (minimum \$5.50 per card), payable to BYBS Sisterhood, 18420 Center, Homewood, IL 60430.

Cards are available in for purchase in packets with envelopes for \$25 plus \$1.40 for postage, or phone Harlene for pickup at the temple office.

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(President's Message continued from p. 2)

health and strength, and to treat their bodies as sacred. Still others wrote about their commitments to their Jewish values, their Jewish community, and to being honest with themselves, understanding their personal limits, and learning when to say no.

Whatever your resolutions, I hope you make thoughtful ones. I wish you a wonderful 2016.

Carole

What's Up with Sisterhood

Happy 2016! Hope everyone had a good holiday.

We have a couple of events planned for early 2016. The book review will take place on Sunday, February 7 at the home of Marilynn Tannebaum. The book is *The Boston Girl* by Anita Diamant and will be reviewed by Nancy Burrows. Please check the flyer in this bulletin for details. On Friday evening, March 4, we will observe Sisterhood Shabbat. We will have appetizers and dinner preceding the service. The information will be in the February bulletin.

Harlene and Sara will be attending the Gift Show in January and will be looking for items for our gift shop. The gift shop will be open the first Sunday in January. Check us out.

We are looking forward to 2016 in Sisterhood!

Gayle and Donelle

(Contributions continued from page 5)

Bernard Narter Donelle Macey

Penny & Jerry Shnay

Susan & Barry Bayer

Judy Lohr & Mike Safcik

Ruth & Sherman Friedman

Bill Bransky's

Sister Gloria Diane Wolf

School News

Beit AmiChai students had a wonderful

Beit AmiCha,

Chanukah this year. During Hebrew School students participated in candle lighting with both Rabbi

Caplan and Rabbi Harari. During the BYBS Chanukah

service the Youth Choir and the students from Religious School participated in singing and making the evening truly festive for everyone. Our Sunday School Chanukah party was attended by students from Temple Beth El and Congregation Beth Israel in Munster. It was great to have everyone together and everyone had a good time celebrating Chanukah!

Thank you to Sigy Rafalovitz for making her incredible Sufganyot for the party, always an amazing treat! Thank you to all for the help I received from the Room Parents and the Religious School Board Committee.

Religious school is on winter break until January 5, 2016.

Please join us at our next Family Shabbat on January 8, 2016 at 7:00 p.m. at Temple Anshe Sholom. Our Youth Choir will be singing.

Beit AmiChai has a cookie dough fundraiser underway please contact the school for more information.

Mindy Miller, Principal

January Birthdays

1/3	Sophie Kern
1/7	Jose Salas
1/8	Cathy Burnett
1/8	Lior Rafalovitz
1/16	Jacqueline Burnett
1/17	Allen Warshaw
1/18	Meira Burnett
1/19	Ida Anger
1/19	Bernard Heilicser
1/22	Jodie Virene
1/27	Donelle Macey
1/28	Barbara Blumstein
1/30	Rori Narter

January Anniversaries

1/5	Stanley Dreyfuss & Anita Shore
1/19	Roy & Dale Robinson
1/24	Stanley & Paula Schoenberg
1/24	Lawrence & Nancy Burrows



We mourn the death of

Renee Mírsky

May her memory be for a blessing



Mazel Tov

To Gae and Jim Mollin on the birth of their grandson, Parker James Mollin.

To Ron & Michelle Tenny on the birth of their granddaughter, Veronica Dorothea Gill. Joan Barr is her great grandmother and Jerry & Carrie Tenny are her great aunt and uncle.

Speedy Recovery

Tat'yana Abramov, Bob Eisenstein, Sheila Heusmann, Adael Madrigal, Gae Mollin, Ruth Ratowitz, Bea Rothschild, Mike Safcik, Larry Simon, Louise Stein, Allen Warshaw

Condolences

To Mark Mirsky and Sharon Kokal on the death of his mother, Renee Mirsky.

To Alan & Rori Narter on the death of his father, Bernard Narter.

To Evie & Larry Plofsky on the death of her brother, Michael Wexler.

January Yahrzeits

1/1/2016

Jack Batush Sarah Vogel Cohen David Coleman Ross DeLue **David Dorenfest** Anna Dreier Morris Eisen **Bret Fimoff** Lillian Flaschen

Meyer Friedman Sidney Friedman Zena Friedman

Paula Goetz Charles Gollav Rissa Henry Anna Herman Jennie Hoffman Jacob Kwilecki Rose Lieberson Seymore Marks Harry Merkin

Hyman Schwedel **David Shaw** Isadore Srulevitz

Fabian Pincoffs

Marilyn Putterman

Joseph Rosenstein

Rose Weil

1/8/2016 Lea Adler

Gertrude L. Bardige Nellie Barsuk Samuel Cerier Robert J Corbin

Edmund Elend Willard Gilbert David Goldschmidt Nathan Goodman

Rose Gould Arthur Hahn Florence Heiss George Horewitch Molly Kamins Miriam Lazow Hyman Levine James Lorsch

Isaac Lawrence Rubin

Ida Sager

Ethel Miller

Rose Mozer

Pearl Schwartzberg Alexander H. Shore Frances Shulein Magrit Sugar Sonya Tepper Mathilde Tigay Ada A. Toll Alan Warady

1/15/2016

Ella Abrams Rose Adelman **Ernest Bartczak Evelyn Burrows** Harriet Lazarus Cohen

Hyme Cohen **Gretl Diamant**

Leo Elliot Ludwig Falkenstein Donald Fiterman Julius Freedman Esther Goldberg Renee Goldberg

Harry Goldstein Jerome Heilbrunn Leonard Lang Cecile Lukas Herman Mandell Lester Mosbacher Isador Offenberg Josef Pfeffer Richard Robinson

Bessie Rohde Irving Rose Bill Rosen Albert Rubin

Celia Miller Schwedel Sophie Simon

William Singer Roy Slovenko Lester Solomon Bess Wagman Jerome Weil

1/22/2016

Iona Adleman Josephine Alpert Patricia Berkowitz Isadore J. Dietch Anna Ephron Joseph Greene Ruth Hare Robert Hersh Robert Hersh Rosa Hirschbruch Leonhard Kamberg

Scott Lustia Harold Magid Harvey Nachenberg Jack Ourach

Stewart Rusnak Gertrude Safcik

Dora Salk Henrietta Schapiro Bernadine Schlesinger Maurice Schulman Ruth Seewald Filis Gitlitz Settle Meier Strauss

1/29/2016

Meyer Cohen James Colbert David Davis Mary Dietch Renee Dolin Louis Dworkin Ida Feldman Gerda M. Isacson Martha Kanowsky Mike Kaufmann Rudolph Kohn Martin Levv Meyer Lippert Wolf Manilow Sylvia Meyers Elaine R. Shapin Abraham Singer Charles Soloway Jette Stein Angelina Tejeda Arthur Michael Wax

Julius Wolf

BYBS Funeral Plan

BYBS has a funeral plan with Chicago Jewish Funerals, which is available for members and their immediate families at their option. To select this plan, simply call Chicago Jewish Funerals at 847-229-8822 and tell them that you are a B'nai Yehuda Beth Sholom member. They will handle all the details. The plan includes professional services of funeral director and staff, custodial and general care of remains, the option of a tahara (the traditional Jewish preparation of the body) a hearse/graveside transfer vehicle, staff and equipment for chapel and a graveside or synagogue service. Merchandise includes a simple, dignified semi-oval traditional casket of dark stained wood, muslin shroud (optional, not mandatory), register book, shiva and yizkor candle, kriah ribbons, service folders, use of prayer books, kipot and 50 standard acknowledgement cards. The funeral price is \$5,850. For further details, call the Temple office or Chicago Jewish Funerals. The plan is offered as a convenience for members and their families at a time of stress, but there is no obligation to use it. If you wish to observe a Yahrzeit, please send the name and secular or Hebrew date to Cathy Burnett at office@bybs.org.





PLEASE JOIN US Sunday, January 10, 2016 Doors open @ 2:30 pm; Movie @ 3:00 pm \$10.00 per person

"Walk on Water"



Eyal is an agent in the Israeli security service. He is a hitman who targets enemies of Israel. His wife has recently committed suicide, and the agency decides that he needs to take on a less challenging assignment: to find an aging Nazi war criminal and get him "before God does".

In order to track down the old man, Eyal poses as a tour guide and befriends the Nazi's adult grandchildren, Axel and Pia.

Suzanne Patterson will facilitate discussion of this drama.

Refreshments will be served.

RSVP/pay ahead of time [see below] or at the door.

Open to the community. Walk-ins welcome.

Name	phone #	
,		
Number of tickets at \$10.00 each:	Total:	

Send to BYBS, 1424 W. 183rd St., Homewood, IL 60430



FREE PROGRAM DIABETES PREVENTION AND CONTROL

Dr. Ilene Yohay will present a program Sunday, January 17, 2016 at 1:30 pm

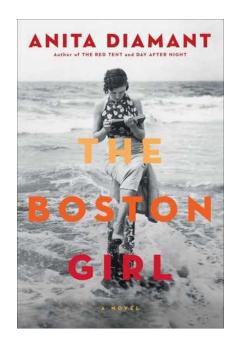
at

B'nai Yehuda Beth Sholom, 1424 W. 183rd Street in Homewood

Dr. Yohay, who specializes in Endocrinology and Diabetes & Metabolism, is affiliated with Horizon Health Care Associates and the St. James Diabetes Center.

According to the American Diabetes Association, in 2012, 29.1 million Americans, or 9.3% of the population, had diabetes and 86 million Americans age 20 and older had prediabetes.

Everyone is welcome!



BYBS Sisterhood

Book Review

Sunday, February 7, 2016

1:30 pm

At the home of Marilynn Tannebaum 2620 Oakwood Drive, Olympia Fields

The Boston Girl

by Anita Diamant

From the New York Times bestselling author of *The Red Tent* and *Day After Night*, comes an unforgettable coming-of-age novel about family ties and values, friendship and feminism told through the eyes of a young Jewish woman growing up in Boston in the early twentieth century.



Nancy Burrows will be the facilitator. Beverages and desserts will be provided.

All are welcome. RSVP to 708.799.4110.



2016 January Sunday Monday

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
27	28	29		30 Dec 31	Temple Office Closed 20 Tevet 5776 7:30 PM Shabbat Service	21 Tevet 5776 10:15 AM Shabbat
3 22 Tevet 5776 9:30 AM Sunday School	23 Tevet 5776	24 Tevet 5776 4:30 PM Hebrew School	25 Tevet 5776	26 Tevet 5776 4:30 PM Hebrew School	27 Tevet 5776 28 Teve 7:00 PM Family Shabbat 10:15 A Service © TAS with Nancy Service Friedman & Youth Choir Bible & Youth Choir followi	28 Tevet 5776 10:15 AM Shabbat y Service Bible & Bagels following services
29 Tevet 5776 9:30 AM Sunday School 2:30 PM Movie @ BYBS "Walk on Water"	11 Shevat 5776 7:00 AM Exec. Board 8:00 PM General Board Board Meeting	2 Shevat 5776 4:30 PM Hebrew School	3 Shevat 5776	13 4 Shevat 5776 4:30 PM Hebrew School	75 Shevat 5776 7:30 PM CJC Community Shabbat Service @ BYBS with TAS	6 Shevat 5776 10:15 AM Shabbat Service
17 7 Shevat 5776 9:30 AM Sunday School 1:30 PM Ilene Yohay discusses "Diabetes"	48 Shevat 5776	19 9 Shevat 5776 4:30 PM Hebrew School	10 Shevat 5776	20 11 Shevat 5776 4:30 PM Hebrew School	12 Shevat 5776 7:30 PM Shabbat Shira at BYBS and TAS Adult Choirs	13 Shevat 5776 10:15 AM Shabbat
24 14 Shevat 5776 9:30 AM Sunday School 7:00 PM Joint CAE/BYBS Tu Bishvat Seder	25 15 Shevat 5776	26 16 Shevat 5776 4:30 PM Hebrew School	17 Shevat 5776	27 18 Shevat 5776 4:30 PM Hebrew School	29 19 Shevat 5776 7:30 PM Shabbat Service at TAS	11 - 11
31 21 Shevat 5776 9:30 AM Sunday School		Feb 1 Notes Beginning January 2,	2016 all BYBS Shabk	2, 2016 all BYBS Shabbat Morning Services will begin at 10:15 am unless otherwise noted.	ll begin at 10:15 am ur	grandelling nless otherwise note

2016 February

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	
Jan 31	7	_		_	C.	_	G
	22 Shevat 5776	23 Shevat 5776	24 Shevat 5776	25 Shevat 5776	26 Shevat 5776	27 Shevat 5776	
		4:30 PM Hebrew School		4:30 PM Hebrew School	7:30 PM Shabbat Service		
					Nancy Friedman, soloist	6:00 PM Havdalah	
						7:00 PM Dinner	
7	8	6	10	11	12		13
28 Shevat 5776	29 Shevat 5776	30 Shevat 5776	1 Adar I 5776	2 Adar I 5776	3 Adar I 5776	4 Adar I 5776	
9:30 AM Sunday School	7:00 PM Temple Exec.	4:30 PM Hebrew School		4:30 PM Hebrew School	7:00 PM Family Shabbat	10:15 AM Shabbat	
	Board				Service @ Am Echad	Service	
1:30 pm Sisterhood Book)	12:00 PM Bible & Bagels	els
Review						following services	
	8:00 PM General Board					1	
4	15	16	17	200	19		20
	6 Adar I 5776	7 Adar I 5776	8 Adar I 5776	9 Adar I 5776	10 Adar I 5776	11 Adar I 5776	
lay School		4:30 PM Hebrew School		4:30 PM Hebrew School	7:30 PM Shabbat Service	10:15 AM Shabbat	
21	22	23	24	25	26		27
-	13 Adar I 5776	14 Adar I 5776	15 Adar I 5776	16 Adar I 5776	17 Adar I 5776	18 Adar I 5776	
ly School		4:30 PM Hebrew School		4:30 PM Hebrew School	7:30 PM Shabbat Service Adult Choir		
28		Mar 1	2	60	4		IJ
	20 Adar I 5776						
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